

UCLA Loneliness Index [UCLA]

Participant ID: - - -

Date: / /
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Study Visit: BL Follow-Up 1 Follow-Up 2 Follow-Up 3 Follow-Up 4

Instructions:

The following statements describe how people sometimes feel. For each statement, please indicate how often you feel a certain way.

Here is an example:

How often do you feel happy?

If you never feel happy, you would respond "never"; if you always feel happy, you would respond "always."

1. How often do you feel that you are "in tune" with the people around you? [UCLA1]

NEVER RARELY SOMETIMES ALWAYS

2. How often do you feel that you lack companionship? [UCLA2]

NEVER RARELY SOMETIMES ALWAYS

3. How often do you feel that there is no one you can turn to? [UCLA3]

NEVER RARELY SOMETIMES ALWAYS

4. How often do you feel alone? [UCLA4]

NEVER RARELY SOMETIMES ALWAYS

5. How often do you feel part of a group of friends? [UCLA5]

NEVER RARELY SOMETIMES ALWAYS

6. How often do you feel that you have a lot in common with the people around you? [UCLA6]

- NEVER RARELY SOMETIMES ALWAYS

7. How often do you feel that you are no longer close to anyone? [UCLA7]

- NEVER RARELY SOMETIMES ALWAYS

8. How often do you feel that your interests and ideas are not shared by those around you? [UCLA8]

- NEVER RARELY SOMETIMES ALWAYS

9. How often do you feel outgoing and friendly? [UCLA9]

- NEVER RARELY SOMETIMES ALWAYS

10. How often do you feel close to people? [UCLA10]

- NEVER RARELY SOMETIMES ALWAYS

11. How often do you feel left out? [UCLA11]

- NEVER RARELY SOMETIMES ALWAYS

12. How often do you feel that your relationship with others are not meaningful? [UCLA12]

- NEVER RARELY SOMETIMES ALWAYS

13. How often do you feel that no one really knows you well? [UCLA13]

- NEVER RARELY SOMETIMES ALWAYS

14. How often do you feel isolated from others? [UCLA14]

- NEVER RARELY SOMETIMES ALWAYS

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15. How often do you feel you can find companionship when you want it? [UCLA15]

NEVER RARELY SOMETIMES ALWAYS

16. How often do you feel that there are people who really understand you? [UCLA16]

NEVER RARELY SOMETIMES ALWAYS

17. How often do you feel shy? [UCLA17]

NEVER RARELY SOMETIMES ALWAYS

18. How often do you feel that people are around you but not with you? [UCLA18]

NEVER RARELY SOMETIMES ALWAYS

19. How often do you feel that there are people you can talk to? [UCLA19]

NEVER RARELY SOMETIMES ALWAYS

20. How often do you feel that there are people you can turn to? [UCLA20]

NEVER RARELY SOMETIMES ALWAYS